

# **Medical Enduring Power of Attorney**

# What is a medical enduring power of attorney?

- It is a legal document.
- You appoint another person with the power to make decisions for you about your medical treatment.
- This is only activated when you can't make the decisions yourself. For example, when you are seriously unwell.

# Why do you need one?

- It gives you control of your healthcare.
- Life is unpredictable.

## Next steps

#### 1. Decide who

- Someone over the age of 18.
- Someone you trust.
- Someone who understands and will carry out your wishes.



#### 2. Complete the form

- You need to fill in the form. Ask your social worker for one.
- Two witnesses are needed to sign the form.
- One witness needs to have the authority to sign; eg. a police officer or a pharmacist.



- 3. Sharing
  - Make copies.
  - Give a copy to:
    - the person you have appointed
    - your doctor; eg. GP
    - St Vincent's Hospital.
  - Keep the original.
  - Keep it in an easy place to find.
    For example, on the fridge.

# What if you change your mind?

- You can cancel it at any time.
- You will need to complete a different form to cancel. Ask your social worker about this.
- You will need to tell:
  - the person you appointed
  - your doctor
  - St Vincent's Hospital.

## For more information

- Speak to your social worker.
- Visit the Office of the Public Advocate website: <u>www.publicadvocate.vic.gov.au/power-of-</u> <u>attorney/medical-enduring-power-of-attorney</u>



Advance Care Planning at St Vincent's